



Bonne Terre Preparatory School Ltd.

Menu for November 2018

	Monday 29/10/18	Tuesday 30/10/18	Wednesday 31/10/18	Thursday 01/11/18	Friday 02/11/18
Week 09 29/10/18 - 02/11/18 SNACK	Pita Pockets, Tuna Sausage, lettuce	Sandwiches:	Luncheon Meat cheese or Tuna Sandwiches	Bologna With Lettuce	Hot dogs
LUNCH	Chicken with Rice, Peas	Mince with Mc & Cheese	Sausage or Tuna with Rice, Peas	Spaghetti Bolognese	Chicken & Fries
Week 10 05/11/18 - 09/11/18 SNACK	Sandwiches:	Corn Dogs	Pizza Bread	Ham & Egg or Tuna sandwich	Sausage Rolls
LUNCH	Stewed Chicken with Rice, Peas.	Pasta Mince Bake	Chicken, Potato & Chow Mein	Sausage or Tuna with V/Rice	Burgers Turkey, Chicken or Fish & Fries
Week 11 12/11/18 - 16/11/18 SNACK	Sandwiches	Pizza Bread	Bologna With Lettuce	Luncheon Meat Cheese & Tuna Sandwich	Pita Pockets, Tuna Sausage, lettuce
LUNCH	Chicken with V/Rice. & Peas	Spaghetti & Meat Balls	Chicken Pelau	Sausage or Tuna with Mac & Cheese	Chicken Roti
Week 12 19/11/18 - 23/11/18 SNACK	Sandwiches:	Pancakes	Corn Dogs	Ham & Egg or Tuna sandwich	Sausage Rolls
LUNCH	Stewed Chicken with Rice, Peas.	Chicken, Potato & Chow Mein	Pasta Mince Bake	Sausage or Tuna with Rice, Peas	Chicken & Fries
Week 13 26/11/18 - 30/11/18 SNACK	Bologna With Lettuce	Pizza Bread	Pita Pockets, Tuna Sausage, lettuce	Sandwiches:	Grilled Sausages
LUNCH	Spaghetti Bolognese	Chicken with Rice, Peas	Pasta Tuna Bake	Bouillon	Pizza

